This guide provides an overview for the Pulsera Project’s educational content, which is free to all schools hosting pulsera sales.

We also offer free Socrative codes for some of our materials.

Questions about the guide or materials? E-mail us at pulseraproject@gmail.com or call us at 484-319-7040.

All Spanish materials are based on the project’s four educational values - solidarity, humility, new understandings of poverty, and self-awareness.

All project videos are available on our videos page with both English and Spanish subtitles, or without subtitles.

Activities for All Proficiencies

Los Artistas del Proyecto Pulsera
Have your students get to know the artists that make pulseras using our interactive website, with video, audio and text interviews, maps, and more of over 100 project artists. These interviews are perfect for students of all levels and connect them with the lives of the artists who make these amazing handwoven pulseras.

Color the World
Based on the 12-minute film about the Pulsera Project’s origin, philosophy, and growth, this packet of lessons encourages students to look at poverty, economic opportunity, global citizenship, Fair Trade, and to also ask questions about their own culture.

A Day in the Life
This video follows a day in the life of a typical Nicaraguan high schooler and her family, highlighting the importance of education and the day-to-day reality of many Nicaraguans. Students compare their daily schedules and socioeconomic realities to Darling and her family in this engaging packet.
Poverty and Solutions
This powerpoint and lesson explains in detail the economic realities in Nicaragua, and looks at the social issues the project is trying to address in Central America.

Haciendo Pulseras
Learn about how different styles of pulseras are made in this video series featuring actual project artists as they weave these amazing works of art.

Housing Project
Challenge stereotypes about houses, and show your students how & where many Nicaraguans live. This activity and powerpoint shows many of the houses built through the Pulsera Project’s housing program and takes students step-by-step through the process of building a home in Nicaragua.

Aid vs. Development
Despite over a century of effort, poverty alleviation efforts haven’t eliminated extreme poverty. Students will learn about the differences between aid and development, and how these different approaches function in the world through a simulation, reading and discussion.

From Overconsumption to Simple Living
Students will learn about overconsumption and examine their own consumer habits in the context of its effects it has in developing countries like Nicaragua and Guatemala.

La Isla Activity
Students look at the situation faced by Nicaraguan sugarcane workers more and explore the importance of workers rights in this short interpretive activity.

Asi Soy
Follow don Orlando, a dairy farmer in northern Nicaragua, as he goes about his daily work and explains the importance of preserving community and nature.

Novice Activities

Las Pulseras Que Hace Mama - This short animated video explains the project’s core values in a way that students of all levels can understand, including a fun song at the end!

Handshake Pulsera Coloring Page - Students have a chance to create their own pulseras. This activity provides some discussion opportunities for students with limited Spanish communication skills.
Nicaragua Fact Sheet and Crossword - A great introduction to some basic facts about the country where we do most of our work!

Marcos va al Mercado - Project artist Marcos Cajina takes students on a tour of the Granada market, with lots of insight into Nicaraguan food and culture.

Yelman y su Pollos - Learn about an artist’s small business venture to raise chickens.

Horario Escolar - Have your students compare their schedules to a typical Nicaraguan student.

¿Dónde Está la Pulsera? - Practice prepositions with this simple game.

Advanced Activities

Juan Carlos Life Story - Learn about the life of Juan Carlos Mayorga, the project’s Nicaraguan director from 2011-2015. Following his life from his time living as a street kid through his journey into the project. Note - this story contains heavy themes.

Comercio Justo - Investigate the history of fair trade and its implications for the world.